

# H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: KZK

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Derumeaux Andrew

Coaches: Lannoo Tine HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

## Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:2, starttime: 14:25

Heat: 2/10 Lane : 3 Athlete: VERVENNE MATHILDA				Q-time: 99:99:99
PB (25m pool): no time				PB (50m pool): no time SB: no time
25 M	50 M	75 M	100 M	
PB	no time		no time	
	no time			
.....	.....	.....	.....	

Coach feedback:

## Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:3, starttime: 14:25

Heat: 3/10 Lane : 8 Athlete: VANDENBERGHE CHARLOTTE				Q-time: 99:99:99
PB (25m pool): no time				PB (50m pool): no time SB: no time
25 M	50 M	75 M	100 M	
PB	no time		no time	
	no time			
.....	.....	.....	.....	

Coach feedback:

## Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:6, starttime: 14:35

Heat: 6/10 Lane : 1 Athlete: ZEPHIRIN ASTRID				Q-time: 01:39:24
PB (25m pool): 01:39.24 Diksmuide 12/10/2025				PB (50m pool): 01:40.69 SB: 01:39.24 Diksmuide 12/10/2025
25 M	50 M	75 M	100 M	
PB	00:46.08		01:39.24	
	00:46.08		00:53.16	
.....	.....	.....	.....	

Coach feedback:

# H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: KZK

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:6, starttime: 14:35

Heat: 6/10 Lane : 8 Athlete: LEMAHIEU LUCIE

Q-time: 01:39:27

PB (25m pool): 01:39.27 Diksmuide 09/03/2025

PB (50m pool): 01:37.61 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.65		01:39.27	
		00:47.65		00:51.62	
	.....	.....	.....	.....	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:8, starttime: 14:40

Heat: 8/10 Lane : 2 Athlete: CAUS FLOOR

Q-time: 01:31:71

PB (25m pool): 01:26.49 Ettelbruck 21/04/2024

PB (50m pool): 01:31.64 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:26.49	
		no time			
	.....	.....	.....	.....	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:9, starttime: 14:40

Heat: 9/10 Lane : 2 Athlete: LEMAHIEU LIESE

Q-time: 01:28:01

PB (25m pool): no time

PB (50m pool): 01:28.01 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	.....	.....	.....	.....	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:9, starttime: 14:40

Heat: 9/10 Lane : 4 Athlete: SPILLEBEEN JUTTA

Q-time: 01:26:45

PB (25m pool): 01:26.45 Ettelbruck 20/04/2025

PB (50m pool): 01:27.37 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.62		01:26.45	
		00:40.62		00:45.83	
	.....	.....	.....	.....	

Coach feedback:

# H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: KZK

Event number: 3: 100M BREASTSTROKE MEN 11+

Heat:1, starttime: 14:45

Heat: 1/10 Lane : 4 Athlete: VANCRAEYNEST JULES

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	.....	.....	.....	.....	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+

Heat:1, starttime: 14:45

Heat: 1/10 Lane : 6 Athlete: PROVOOST WARRE

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	.....	.....	.....	.....	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+

Heat:3, starttime: 14:50

Heat: 3/10 Lane : 2 Athlete: DECONINCK LUCA

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	.....	.....	.....	.....	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+

Heat:3, starttime: 14:50

Heat: 3/10 Lane : 5 Athlete: MAEYAERT ARTHUR

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	.....	.....	.....	.....	

Coach feedback:

# H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: KZK

Event number: 3: 100M BREASTSTROKE MEN 11+

Heat:8, starttime: 15:00

Heat: 8/10 Lane : 6 Athlete: VICTOR SAM

Q-time: 01:35:53

PB (25m pool): 01:35.53 Diksmuide 12/10/2025

PB (50m pool): 01:42.11 SB: 01:35.53 Diksmuide 12/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.83		01:35.53	
		00:45.83		00:49.70	
	.....	.....	.....	.....	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+

Heat:9, starttime: 15:05

Heat: 9/10 Lane : 6 Athlete: VYNCKE SEPPE

Q-time: 01:28:39

PB (25m pool): 01:25.55 Brugge 20/10/2024

PB (50m pool): 01:28.39 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.41		01:25.55	
		00:40.41		00:45.14	
	.....	.....	.....	.....	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+

Heat:9, starttime: 15:05

Heat: 9/10 Lane : 8 Athlete: OLSZEWSKI MAXIME

Q-time: 01:32:42

PB (25m pool): no time

PB (50m pool): 01:32.42 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	.....	.....	.....	.....	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:2, starttime: 15:10

Heat: 2/10 Lane : 4 Athlete: VERVENNE MATHILDA

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	.....	.....	.....	.....	

Coach feedback:

# H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: KZK

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:3, starttime: 15:15

Heat: 3/10 Lane : 6 Athlete: VANDENBERGHE CHARLOTTE

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	.....	.....	.....	.....	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:5, starttime: 15:20

Heat: 5/10 Lane : 4 Athlete: LEMAHIEU LUCIE

Q-time: 01:30:66

PB (25m pool): 01:30.66 Menen 01/06/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:30.66	
	no time				
	.....	.....	.....	.....	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:6, starttime: 15:20

Heat: 6/10 Lane : 5 Athlete: LEMAHIEU LIESE

Q-time: 01:26:50

PB (25m pool): 01:26.50 Menen 01/06/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:26.50	
	no time				
	.....	.....	.....	.....	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:8, starttime: 15:25

Heat: 8/10 Lane : 6 Athlete: SPILLEBEEN JUTTA

Q-time: 01:17:15

PB (25m pool): 01:17.15 Meulebeke 06/04/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:17.15	
	no time				
	.....	.....	.....	.....	

Coach feedback:

# H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: KZK

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:9, starttime: 15:25

Heat: 9/10 Lane : 8 Athlete: CAUS FLOOR

Q-time: 01:15:84

PB (25m pool): 01:15.67 t Badhuis Menen 02/06/2024

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:15.67	
		no time			
	.....	.....	.....	.....	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+

Heat:1, starttime: 15:30

Heat: 1/11 Lane : 3 Athlete: DECONINCK LUCA

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	.....	.....	.....	.....	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+

Heat:1, starttime: 15:30

Heat: 1/11 Lane : 7 Athlete: PLATTEAU ROBIN

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	.....	.....	.....	.....	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+

Heat:2, starttime: 15:30

Heat: 2/11 Lane : 3 Athlete: VANCRAEYNEST JULES

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	.....	.....	.....	.....	

Coach feedback:

# H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: KZK

Event number: 5: 100M MEDLEY MEN 11+

Heat:2, starttime: 15:30

Heat: 2/11 Lane : 7 Athlete: DEBRUYNE HANNES

Q-time: 99:99:99

PB (25m pool): 01:21.14 Diksmuide 16/10/2022

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:21.14	
		no time			
	.....	.....	.....	.....	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+

Heat:3, starttime: 15:35

Heat: 3/11 Lane : 1 Athlete: DECOCK CERIEL

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	.....	.....	.....	.....	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+

Heat:3, starttime: 15:35

Heat: 3/11 Lane : 3 Athlete: MAEYAERT ARTHUR

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	.....	.....	.....	.....	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+

Heat:4, starttime: 15:35

Heat: 4/11 Lane : 8 Athlete: CALLEWAERT JEF

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	.....	.....	.....	.....	

Coach feedback:

# H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: KZK

Event number: 5: 100M MEDLEY MEN 11+

Heat:5, starttime: 15:40

Heat: 5/11 Lane : 3 Athlete: VICTOR MILO

Q-time: 01:34:71

PB (25m pool): 01:34.71 Meulebeke 06/04/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:34.71	
		no time			
	.	.	.	.	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+

Heat:7, starttime: 15:45

Heat: 7/11 Lane : 2 Athlete: VICTOR SAM

Q-time: 01:26:40

PB (25m pool): 01:25.43 t Badhuis Menen 02/06/2024

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:25.43	
		no time			
	.	.	.	.	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+

Heat:8, starttime: 15:45

Heat: 8/11 Lane : 2 Athlete: OLSZEWSKI MAXIME

Q-time: 01:22:36

PB (25m pool): 01:22.36 Menen 01/06/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:22.36	
		no time			
	.	.	.	.	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+

Heat:8, starttime: 15:45

Heat: 8/11 Lane : 6 Athlete: PROVOOST WARRE

Q-time: 01:20:94

PB (25m pool): 01:20.94 Menen 01/06/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:20.94	
		no time			
	.	.	.	.	

Coach feedback:

# H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: KZK

Event number: 5: 100M MEDLEY MEN 11+

Heat:9, starttime: 15:45

Heat: 9/11 Lane : 4 Athlete: VYNCKE SEPPE

Q-time: 01:13:85

PB (25m pool): 01:13.85 Ettelbruck 20/04/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:35.36		01:13.85				
		00:35.36		00:38.49				
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+

Heat:6, starttime: 16:45

Heat: 6/8 Lane : 5 Athlete: ZEPHIRIN ASTRID

Q-time: 03:05:53

PB (25m pool): 03:05.53 Diksmuide 09/03/2025

PB (50m pool): 03:10.98 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.05		01:31.40		02:19.73		03:05.53
		00:43.05		00:48.35		00:48.33		00:45.80
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN 11+

Heat:2, starttime: 17:00

Heat: 2/10 Lane : 7 Athlete: PLATTEAU ROBIN

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
		no time						
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN 11+

Heat:3, starttime: 17:05

Heat: 3/10 Lane : 8 Athlete: CALLEWAERT JEF

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
		no time						
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

# H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: KZK

Event number: 8: 200M BACKSTROKE MEN 11+

Heat:4, starttime: 17:10

Heat: 4/10 Lane : 3 Athlete: DECOCK CERIEL

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN 11+

Heat:7, starttime: 17:25

Heat: 7/10 Lane : 2 Athlete: VICTOR MILO

Q-time: 03:03:50

PB (25m pool): no time

PB (50m pool): 03:03.50 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN 11+

Heat:10, starttime: 17:35

Heat: 10/10 Lane : 7 Athlete: DEBRUYNE HANNES

Q-time: 02:28:97

PB (25m pool): 02:32.87 t Badhuis 01/05/2024

PB (50m pool): 02:28.97 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:32.87
	no time							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback: